

INSTRUCTIONS

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21ST CENTURY GIRLS SUE PALMER

21ST CENTURY GIRLS

HOW THE MODERN WORLD IS DAMAGING OUR DAUGHTERS AND WHAT WE CAN DO ABOUT IT



SUE PALMER

Girls are growing up too fast these days. So what can we do about it?

Acclaimed writer and broadcaster Sue Palmer provides vital analysis that will change the way we raise girls. Based on the latest research around the world, this book will give parents the crucial guidance that girls need, including:

- ★ How to give them the best start possible
- ★ How to deal with our multimedia, highly sexualised and materialistic society
- ★ How to make sure they grow up into confident and balanced women

A must-read for every parent, grandparent, teacher and carer of girls, this book will inform, instruct and ultimately give confidence and courage to those guiding females through their most important years.

‘An excellent book’ *Vanessa Feltz*

‘Should be required reading for all parents, teachers and grandparents’ *Daily Mail*

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